

# NEW COMMUNITY



# CLARION



SERVING THE PEOPLE OF THE NEW COMMUNITY NETWORK SINCE 1968



## NCCTI GRADUATE BUILDS CAREER IN HEALTH CARE, PURSUES FURTHER EDUCATION



Simone Parkes graduated from the Medical Assistant Clinical program at New Community Career & Technical Institute. She now works as a medical assistant at an RWJBarnabas Health pediatric office. Photo courtesy of Simone Parkes.

Simone Parkes has always wanted to work in the medical field. She began her career in health care at a job that didn't require post-secondary training, but after giving birth to her son, she decided she wanted to advance her career and enrolled in the Medical Assistant Clinical (MAC) program at [New Community Career & Technical Institute \(NCCTI\)](#). After completing the program, she began working as a medical assistant and has now decided to further her education and become a nurse.

Parkes was working at [Summit Health](#) when she became pregnant. When she was on maternity leave, she decided to enroll in NCCTI to obtain her MAC certification. Her cousin completed the MAC program and encouraged her to apply. In order to focus on her education, Parkes quit her job at Summit Health and started working for an [RWJBarnabas Health](#) hospital on the weekends.

"I had the support of my family, so that helped me be able to succeed with the program," Parkes said.

She had been unable to enroll in school previously because she was caring for her parents when they fell ill. Her siblings all live out of state, so she was the person who took her parents to medical appointments and testing. Her husband stepped in to help so that she could focus on her studies, which was a great weight lifted off her shoulders.

"I spoke to my husband about [enrolling in the program]. He's like, yeah, go ahead. We'll take it day by day and we'll figure it out," she said. "And I'm happy and thankful that I did because I love what I do at my job."

Parkes now works as a medical assistant in an RWJBarnabas Health multi-specialty pediatric office in West Orange, which offers care in cardiology, urology, allergy and general surgery. She enjoys working with the children and putting them at ease

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## THE CEO'S CORNER | BY SIMONE GAGNERON



Greetings everyone, I hope this article reaches you all well and in good spirits!

The fall season invites us to pause and reflect. It is a time when nature reminds us that change is not only inevitable, but also necessary for growth. The transition of the seasons mirrors the journey of our community: we face challenges, we adapt and through perseverance, we continue to move forward with purpose.

At NCC, our mission has always been rooted in the belief that stability, opportunity and dignity are within reach for all. Each day, I witness the quiet but powerful examples of this mission in action – residents achieving milestones, students advancing in their studies, families securing housing and seniors finding joy and fellowship. These stories affirm that our collective efforts are making a meaningful difference.

This season also calls us to gratitude. I extend my sincere appreciation to our staff, residents, partners and supporters. Your unwavering commitment sustains our work and ensures that NCC remains a source of hope and strength in Newark and beyond.

As we look ahead, let us carry with us both encouragement and resolve. The challenges of our time are real, but so too is the resilience within each of us. Together, we can meet obstacles with courage, nurture opportunity with vision and continue to build a stronger, more vibrant community.

Please join us this fall and winter at our events. We're hosting our annual Golfing for a Cause fundraiser on Sept. 29, which is sure to be a fantastic day of golf and networking. While our sponsorships are set, we're still accepting donations and offering tickets to the networking reception at 5 p.m. More information about the event is available [here](#).

Our Youth Services Department will be hosting its annual Halloween Party for children and families on Oct. 25 at the NCC Neighborhood Center, 56-68 Hayes St., Newark. This event always draws a big crowd. It's fun to see all the children in costume, enjoying the activities and getting candy.

On Dec. 13, our Youth Services Department will host Breakfast with Santa at the NCC Neighborhood. It's a great way for families to celebrate the holidays and capture a photo with Santa as a keepsake.

We hope to see you soon!

## AROUND THE NETWORK

### ADULT LEARNING CENTER DISTRIBUTES BACK-TO-SCHOOL DONATIONS

The [New Community Adult Learning Center](#), 563 Orange St., Newark, distributed back-to-school items to students' children, which were donated by [St. Rose of Lima in Short Hills](#). A total of 40 children received items. *Photos courtesy of Cristhian Barcelos.*



### THE NEW COMMUNITY CLARION

The New Community Clarion is published as a community service. The editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of New Community Corporation.

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#### OUR MISSION

To help residents of inner cities improve the quality of their lives to reflect individual, God-given dignity and personal achievement.

#### NEW COMMUNITY IS RECOGNIZED AS:

- One of the largest and most comprehensive community development organization in the United States.
- A large-scale deliverer of comprehensive programs and services.
- A leader in affordable housing and economic development.
- A model among nonprofit, social entrepreneurship and CDC communities.
- Having beneficial partnerships on the local, national and global level.

## Want to Support New Community?

You can make a difference in the lives of inner city residents by making an online donation.

Visit [newcommunity.org](http://newcommunity.org) and click "[Donate](#)" to give today! We appreciate all support.

### NCCTI WELCOMES PROSPECTIVE STUDENTS

[New Community Career & Technical Institute \(NCCTI\)](#) hosts Open Houses monthly to showcase its accredited post-secondary program offerings to prospective students. The recent events were July 16 and Aug. 20 at the school's main campus. Anyone interested in learning more about the school should visit its website at [newcommunitytech.edu](http://newcommunitytech.edu).



NCCTI Open House on July 16.



NCCTI Open House on Aug. 20.

### NCC RESIDENTS ENJOY FREE HOT DOGS

Assemblywoman Shanique Speight sponsored a free hot dog truck for seniors on Aug. 18, which parked outside Associates, 180 South Orange Ave., Newark. *Photos courtesy of Andre LaPaul Speight.*



### SAIF HOSTS IDENTITY THEFT WORKSHOP

The New Community [SAIF](#) program ([Supportive Assistance to Individuals and Families](#)) hosted a workshop about identity theft on July 22 for clients. The workshop featured representatives from [M&T Bank](#) and educated clients on how to avoid identity theft and what to do if they become a victim. *Pictured: M&T Bank Universal Banker Erika N. Rogers, left, and M&T Bank Senior Relationship Banker Kimberly Diaz.*

## NCC SECURITY ADMINISTRATIVE ASSISTANT ORGANIZES EVENTS FOR SENIORS AND FAMILIES

New Community Security Administrative Assistant Janesa Henry has been visiting NCC properties since she was a little girl to see relatives. She started working as a Security Officer for NCC in 2014 and throughout her years with the organization, she has helped plan events, specifically for Security. Recently, she decided to organize activities for NCC seniors and families.

In June, Henry organized a painting event for the residents of Associates, with the help of Sgt. Aleta Morse and Sgt. Habeebah Rasul. The trio provided canvases with image outlines and paint so the residents could choose how to design their creations. They decorated the Community Room of the building and provided refreshments. [Click here to see photos from the event.](#)

In August, Henry worked with Resident Services Coordinator for Families Anibal Alvelo to host a [Family Movie Night](#). The event was a fun evening for children and families with refreshments and a school supply giveaway. Alvelo had some donated backpacks and Henry solicited additional donations from NCC staff members to ensure each child in attendance received school supplies, snacks and drinks. Members of the NCC Task Force volunteered their time for the event and also ordered pizza. Additional members of the Security Department also donated funds and items to ensure the event was a success.

Henry has helped plan a variety of events for the Security Department over the years. When she first started working at New Community, she threw a baby shower

for a friend. It was so successful that many people suggested she get into party planning as a job. She wasn't interested in that then, but as time went on, she helped organize department Christmas parties and other events.

"I just really like helping people and being involved," she said. "I like to see smiles on people's faces when they enjoy themselves."

While Henry likes the planning aspect of events, she prefers to be in the background rather than be the face of the affair.

"I'm more of the backup help that basically makes sure that everything's in the right place so the people that are in the front, they have the tools that they need," she said.

Henry and her sister hope to start a business offering balloon arches and wall backdrops, as well as event planning.

Henry plans to continue organizing events for New Community residents. Her next project is a Harlem Nights movie night at Roseville Senior at the end of September. She also hopes to host field days for the seniors next spring to get them moving and outside.

In addition to producing fun events for residents, Henry also hopes to show them that NCC Security is part of their community and not just there to enforce rules.

Henry said New Community is in her blood and that's one of the reasons she wants to give back.



Janesa Henry is the Administrative Assistant for the New Community Security Department. She has been organizing events for NCC residents.

Henry's grandmother on her mother's side used to live at Commons Senior and she remembers the security officer having her mother sign in when they would visit. Her grandmother on her father's side currently lives at Douglas Homes and turned 101 earlier this year. Henry was present for the [birthday celebration](#) that Resident Services hosted in the Community Room.

"New Community is like home," she said.

Henry hopes to be able to host more events that are larger in scope to bring the community together and provide joy to NCC residents.

"I really love New Community," she said.

### FSB OF NEWARK PARTICIPATES IN COMMUNITY EVENT



Representatives from [Family Service Bureau of Newark \(FSB\)](#) participated in Connecting Communities to Care on July 22 at the Secaucus Recreation Center. The event focused on increasing access to mental health and substance abuse treatment resources.

*FSB provides outpatient mental health and substance abuse counseling services. It has an office in Newark, at 274 South Orange Ave., and one in Kearny, at 379 Kearny Ave., to serve members of the community. Those interested in services can call the Newark office at 973-412-2056 or the Kearny office at 201-246-8077.*

### NCCTI HEALTH CARE STUDENTS TOUR UNIVERSITY HOSPITAL



Students in the Patient Care Technician class at [New Community Career & Technical Institute \(NCCTI\)](#) had the opportunity to tour [University Hospital](#) on Aug. 14. University Hospital is one of NCCTI's employer partners, which means the organization hires graduates and provides educational opportunities to students. The tour was a chance for the students to get a look at where they could be working once they finish the program. New Community thanks the staff at University Hospital for their time and for hiring graduates.

*NCCTI is an accredited post-secondary career and technical institution that is currently enrolling for the following programs: Automotive Technician, Medical Assistant Clinical and Patient Care Technician. For more information, call 973-824-6484, email [nccti@newcommunity.org](mailto:nccti@newcommunity.org), log onto [newcommunitytech.edu](http://newcommunitytech.edu) or visit 274 South Orange Ave., Newark.*

## OVER 220 PEOPLE ATTEND NEW COMMUNITY HEALTH FAIR

New Community hosted its annual Health Fair on July 24 in the parking lot behind [New Community Extended Care Facility](#). The completely free event featured a wide variety of representatives from area organizations, health screenings, health and community information, music and food. More than 220 people attended the Health Fair. New Community thanks everyone who came out to support the event and hopes everyone enjoyed themselves and received useful information. [Click here to view more photos.](#)



## NCCTI HOLDS PINNING CEREMONY FOR AUTOMOTIVE STUDENTS

New Community Career & Technical Institute (NCCTI) held a pinning ceremony on Aug. 1 for students in the Automotive Technician program. The event recognized the hard work the students have put into their studies and served as motivation to those who recently started the program. Instructors John Zaccheus and Winston Thomas also received pins to recognize their work teaching the students. Everyone brought food for a potluck lunch. [Click here to view more photos.](#)



## NCCTI GRAD BUILDS CAREER IN HEALTH CARE, PURSUES FURTHER EDUCATION

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during their appointments. If she has an anxious cardiology patient, she will let the child put on and take off the EKG stickers before starting the procedure so they know what to expect.

"I try to make the experience most comfortable for them. To where they're leaving all happy," Parkes said. "That makes my day."

Her experience in her current role has inspired her to become a pediatric nurse. She enrolled in [Essex County College's](#) nursing program for the fall. She will retain her current job and attend school part-time. She hopes to eventually work in a pediatric emergency department or a pediatric unit in a hospital.

"Those kids need that proper nursing where they're not going to get upset with what's going on with the child. They're going to find the best way to help them heal," Parkes said.

She said her experience at NCCTI was positive and she recommends the school to anyone interested in launching a career in health care.

"The staff was amazing. The program was amazing," Parkes said. "Being able to do book work and hands-on was great because we weren't being thrown out there when we got to a doctor's office or hospital, not knowing what was going on."

Instructor Dr. Mamdouh Sorial prepared students for both the certification exam and the work world, according to Parkes. She said he broke down the steps of the medical procedures and provided little tricks to help students remember what to do.

NCCTI Interim Director Frances Teabout is happy the school has been a positive part of Parkes' journey.

"At NCCTI, we aim to help our students launch their careers in their preferred

program of study. It's fulfilling to hear that Ms. Parkes has found meaningful employment and is continuing her education to further her career goals," Teabout said. "We wish her great success going forward."

Parkes lives with her husband and 1-year-old son and has two step-daughters, ages 10 and 5, who live with them part-time.

She is excited to be taking the next step in her educational journey and is thankful to have had NCCTI lay the foundation for her success.

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## FAMILY SERVICE BUREAU OF NEWARK: DON'T FORGET YOUR MENTAL HEALTH THIS FALL

Ah, September. That magical time when the sunscreen goes back in the drawer, the kids return to school with new backpacks and bad attitudes and everyone pretends they're going to get it together now that summer's over. It's the unofficial New Year for adults. A time of fresh planners, false hope and pumpkin-flavored everything.

But here's the thing no one says out loud: September can be rough. You might feel a little anxious, a little overwhelmed, maybe even a little sad that your vacation tan is fading faster than your motivation. And if you're managing mental health challenges or working on recovery, this time of year can sneak up on you like a Monday morning with no coffee.

Let's talk about it.

### 1. The "Back-to-School" Vibe Hits Everyone, Even Grown-Ups

You don't need to be in school (or have kids in school) to feel the shift. September rolls in like, "OK, playtime's over. Let's get serious." Your emails get longer, your to-do list multiplies and suddenly you're expected to be productive again, even though you spent all summer running on iced coffee and vibes. It's no wonder mental health dips in the fall. The pressure shows up, and so do old habits, old stress and that weird urge to buy office supplies you don't need.

### 2. Summer Isn't a Cure, and Fall Isn't a Failure

If you thought summer would "fix" everything but now you're still feeling off, you're not alone. Mental health doesn't go on vacation. Substance use doesn't take a break. And recovery isn't seasonal. You're not back at square one; you're still moving forward. Even if it feels like you're dragging yourself across the finish line in Crocs and sweatpants. Progress is progress.

### 3. The Mood Might Be Changing, and That's OK

With less daylight and cooler temps, some people start to feel more down. It's not "being dramatic," it's actually your brain chemistry doing its seasonal thing. If you're noticing more irritability, fatigue or cravings, it's not all in your head — it's literally in your head. This is a good time to check in with yourself and reach out if you need some support. No shame in that game.

### 4. Self-Care Isn't Always Bubble Baths

Sometimes it's cancelling a plan. Sometimes it's finally scheduling that appointment. Sometimes it's calling your therapist before you call your ex. Whatever it looks like for you, now's a great time to recommit to it. Not in a Pinterest board way, in a real-life, sometimes-you-eat-popcorn-for-dinner kind of way. Mental health care can be messy and still matter.

### 5. We're Here for the Post-Summer Crash (and Everything Else)

If you're feeling overwhelmed, if the structure of fall is making you spiral or

if your coping skills are starting to look a little too familiar (hello, old friend avoidance), you're not alone. Whether you're managing a mental health diagnosis, in recovery from substance use or simply trying to make it through the day without losing it in the cereal aisle, we're here for you.

Reach out before you burn out. No judgment, just real help.

Call us, walk in or recommend us to someone who needs a soft place to land.

We'll talk, we'll listen, we might even have snacks. Let's make this fall a little less overwhelming. Telehealth options are available.

**Newark Office:**  
274 South Orange Ave.  
Newark, NJ 07103  
973-412-2056

**Kearny Office:**  
379 Kearny Ave.  
Kearny, NJ 07032  
201-246-8077

## WE'RE READY TO TEE OFF

NEW COMMUNITY 28th Golfing for a Cause  
Monday, September 29, 2025

Cedar Hill Country Club  
100 Walnut Street  
Livingston, NJ 07039



9:00 a.m. - Registration  
9:15 to 11 a.m. - Brunch  
11:15 a.m. - Welcome  
11:30 a.m. - Shotgun Start  
5:00 p.m. - Networking Reception



For more information:

Visit [newcommunity.org/golf](https://newcommunity.org/golf)  
Email [golf@newcommunity.org](mailto:golf@newcommunity.org)

New Community is a 501(c)(3) registered nonprofit.

vna Health Group  
Moving Healthcare Forward

Wellness Tip  
August 2025

### Dive into Safety: Water Tips for All Ages

- Always supervise children and inexperienced swimmers, staying within arm's reach.
- Always wear properly fitted life jackets when on boats, near open water, or for weak swimmers—regardless of their age.
- Swimming lessons are beneficial for both children and adults. It's never too late to start learning!
- Swim in safe, supervised areas like pools, lakes, or beaches with lifeguards, and always follow the posted safety rules.
- Avoid alcohol and distractions when near water. Stay alert; alcohol and phones can hinder your reaction time in emergencies.
- Knowing CPR can save lives during emergencies while waiting for help to arrive.

For more information about VNA Health Group's services & programs, please call 800.862.3330 or visit [vnahg.org](https://vnahg.org)

## EMPLOYEE SPOTLIGHT: CYNTHIA ARROYO



Cynthia Arroyo has been the Senior Case Manager at New Community Harmony House for more than three years.

Cynthia Arroyo started working at New Community more than three years ago when she became the Senior Case Manager at [Harmony House](#), the organization's shelter that serves homeless families.

Arroyo oversees Harmony House case managers, does billing, inspects units and has a caseload of clients that she assists during their stay. All staff at Harmony House work to help families find housing and become self-sufficient.

"We're here to help you get all the tools you need to move forward," Arroyo said.

To do that, Arroyo and the other case managers meet with clients one-on-one weekly to go over their plans and progress that they've made. Staff members provide resources, including educational opportunities at [New Community Career & Technical Institute \(NCCTI\)](#), and refer all clients to [Family Service Bureau of Newark \(FSB\)](#) for an intake to see if they could benefit from counseling services. All Harmony House clients must fill out housing applications for New Community

properties and they are encouraged to apply to a variety of other properties in the area as well.

Arroyo said all clients are highly encouraged to increase their savings while staying at Harmony House. With funding cuts to agencies that offer assistance with security deposits, not everyone can be helped. Those agencies are more likely to assist those who have built up some savings while staying in a shelter.

Arroyo enjoys social work, which she has been involved in for many years, because of the impact she's able to make.

"My favorite part of the job is always going to be the look on the client's face when you help them reach their goals," she said. "When you listen to them. When they feel like nobody else in this world understands them but you."

Dr. Jackie Andrews, who is currently overseeing Harmony House, said Arroyo is a great asset to Harmony House, working diligently to help improve clients' lives.

"She's passionate about our residents getting the resources they need for employment or to move them forward with housing and to move them forward in life," Andrews said.

Arroyo started her career at age 21 working for the City of New York, where she's from. She began working for a temp agency that placed her in a city office. A woman in the office noticed her work ethic and encouraged her to apply to a permanent office position with the city. She did and became a government employee. After an administration change, her unit was transferred to the Bronx. She had just moved to New Jersey and the commute would've been too difficult for her, so she chose to take the package that was offered to city employees whose units were

transferred if they didn't want to continue working there.

In New Jersey, she found work in the nonprofit and social services sector. She worked at Babyland, which used to have a relationship with New Community, as a family service worker for five years and then part-time with them for seven years at their domestic violence shelter. She worked at [Isaiah House](#) for 17 years, was a supervisor at [The Arc of Essex County](#) for six years and served as a housing specialist for two years in Passaic County. Then she joined New Community Harmony House in March of 2022.

While she was working at Isaiah House, Arroyo decided to go back to school to earn a bachelor's degree. Because she felt she already had experience in social work, she decided to get a degree in IT. She graduated in 2011.

Although she earned a degree in IT, she didn't want to leave the career she had built in the social services sector.

"I love social work," she said. "You have to really love what you do to do this kind of work. I'm here because I like being a social worker. I like dealing with the clients."

Even when clients leave Harmony House, Arroyo will still assist them if they need help filling out an application. She tells them to come during her lunch hour and she will work with them.

"We tell them, you're always a client. Even when you leave here," Arroyo said. "We're still here for you."

Arroyo has two grown children: a son and a daughter. In her free time, she enjoys traveling and eating out.

"That's where my money goes. Food and trips," she said.

## SENIOR SPOTLIGHT: BEATRIZ CATEDRILLA

Beatriz Catedrilla moved into Hudson Senior, 21-27 Orchard St., Jersey City, nearly three years ago after hearing about the property from a friend at church. She filled out an application with one of her friends and is happy she took that step since she enjoys living in the building.

Before moving to Hudson Senior, Catedrilla lived in her son's home in Jersey City, so she was familiar with the area. She is originally from the Philippines and came to the United States in 2001. Since coming to the U.S., Catedrilla has lived with her children at different times. She has eight children — five daughters and three sons — and was widowed 43 years ago. Six of her children live in the United States: four in New Jersey, one in New York and one in Florida. One of her children lives in Canada and one lives in the Philippines. Catedrilla has 17 grandchildren — nine boys and eight girls.

When her mother was alive, she would travel to the Philippines more often, but now Catedrilla only visits her home country occasionally.

While family is a very important part of

her life, Catedrilla also has a close-knit community at Hudson Senior. She has a lot of friends in the building and participates in activities like birthday and holiday celebrations. She helps decorate the Community Room for special occasions and brings dishes of food for gatherings.

Catedrilla likes the diversity in the building and how residents of all different backgrounds get along. The 79-year-old recommends Hudson Senior to anyone looking for senior housing.

"It's a nice place. It's clean. Everyone is friendly," she said. "The staff is good."

Property Manager of Hudson Senior Sandy Le describes Catedrilla as an open person who participates in activities and assists her neighbors.

"Every time we have something, she's involved with it. She likes to help people. Sometimes we're making breakfast for seniors, she's here helping us," Le said. "She helps a lot of seniors here. If I'm not around and they need help with something, she helps them."



Beatriz Catedrilla has lived at Hudson Senior for nearly three years.

Catedrilla enjoys staying active. In addition to building activities, every morning she goes to a local center to exercise. In her free time, she likes to exercise, dance and sing. She often does those activities with her neighbors. While she lives alone, she is often with others in the building.

"I'm happy to have friends over here," she said.

## NEW COMMUNITY FAMILIES ENJOY MOVIE NIGHT

The Security and Resident Services departments at New Community hosted a Family Movie Night on Aug. 15. Children received school supplies, enjoyed snacks and took pictures in front of a balloon banner at 220 Bruce St., Newark. New Community thanks the organizers and all the families who came out. *Photos courtesy of Janesa Henry. [Click here to view more photos.](#)*



## NCC RESIDENTS ENJOY A PICNIC IN THE PARK

Residents of New Community senior buildings gathered at Meditation Park on Aug. 28 for lunch. The Resident Services team organized the event and grilled hot dogs and burgers for participants. They also welcomed Robert Apolinario of [Alfary Group](#), who was able to provide information about health insurance. *[Click here to view more photos.](#)*



## HARMONY HOUSE BACK TO SCHOOL EVENT

Volunteer Sally Milad once again arranged for a back-to-school event at [Harmony House](#), New Community's shelter for homeless families, which was held on Aug. 28. This is the ninth year Milad has thrown the event with the help of donations and volunteers. Children received backpacks, school supplies, shoes and pizza, as well as haircuts. *Photos courtesy of Sally Milad.*



## NCC DISTRIBUTES FOOD TO THOSE IN NEED



The New Community Emergency Food Pantry distributes food on the first Tuesday of each month and the first business day after the 15th of each month. Fresh produce is sometimes part of the distribution, as are canned goods and meat. The pantry is located at 220 Bruce St., Newark, and those in need are invited to pick up items between 10 a.m. and 2 p.m. while supplies last. Call 973-623-6114 for more information. *Photo courtesy of Anibal Alvelo.*

## HAPPY BIRTHDAY!

New Community Associates, 180 South Orange Ave., Newark, celebrated residents who had birthdays from May to August in the building's Community Room on Aug. 25. *Photo courtesy of Anne Moran.*





## SMILES ALL AROUND AT NEW COMMUNITY SUMMER CAMP 2025

New Community's [Youth Services Department](#) provided an eight-week summer camp for children ages 5 to 13. Campers enjoyed a variety of activities including swimming, sports, STEAM activities and theme days, as well as field trips to a number of locations. Photos courtesy of Youth Services. [Click here to view more photos.](#)



## NEWARK POLICE DISTRIBUTE GOYA PRODUCTS TO NCC RESIDENTS

Members of the [Newark Department of Public Safety](#) hosted a pop-up Goya food distribution event at Associates, 180 South Orange Ave., Newark, on Aug. 13. Fourth Precinct Community Service Officers T. Frye and K. Eley organized the event and handed out more than 75 goodie bags with canned goods, snacks and vegetables to residents. Photos courtesy of the Newark Department of Public Safety.



## NCC HUMAN RESOURCES AT JOB FAIR



New Community Human Resources Assistant Brenda Alston attended the [Newark Emergency Services for Families, Inc. \(NESF\) Job Fair](#) on Aug. 15 at the [Newark Public Library](#). New Community was one of 20 employers at the event who welcomed more than 380 job seekers. New Community thanks NESF for the opportunity to participate. Photo courtesy of Brenda Alston.

## NEW COMMUNITY RESIDENTS LEARN ABOUT LUNG HEALTH



Representatives from the [Hackensack Meridian John Theurer Cancer Center](#) recently hosted a workshop at Associates, 180 South Orange Ave., Newark, where they discussed lung health with residents. Photo courtesy of Anne Moran.