

















SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	ANNOUNCEMENTS
 Prayer Service Every Wednesday 6pm -7 pm Hosted by Carol Hamilton	 PAY YOUR RENT	2 NCC FOOD PANTRY Community Food 220 Bruce St 10 am- 2 pm 	3 12 pm Karaoke 	4  WE WILL BE CLOSED 4TH OF JULY INDEPENDENCE DAY	5  Closed FOR THE Holidays	6  Hosted by Ora Hinton 3:00 pm	 Happy Birthday TO ALL JULY BABIES
7 	8 11:30 am  Nutrion & Physical Activity	9 10:00 am  Resident Meeting 3:00 pm	10 2:00 pm  	11 11:00 am Flobega Health Home care Wellness Visit 15 th & 8 th floor 2:30 pm	12 12:30 PM  RED LOBSTER FRESH FISH • LIVE LOBSTER	13 	 PAY YOUR RENT ENERGY ASSISTANCE
14 	15 10:00 am  1:00 pm  	16 Community Food 220 Bruce St 10 am- 2 pm  Election Day 6am-8pm	17 11 am Horizon NJ Health  2:00 pm Medicare/Medicaid w/ Nutrition	18 Wellness Visit 14 th & 7 th floor 10:30 am Dr Guittari 1:00 pm 	19 10:30 am Food Box  Community FoodBank OF NEW JERSEY FOOD • HELP • HOPE	20 	LIHEAP & USF PROGRAMS SEE RESIDENT SERVICES FOR MORE INFO.  274 S Orange Ave (973-242-7488) If you need Counseling
21 	22 10:00 am  2:00 pm  	23 Wellness Visit 13 th & 6 th 10:30 am Sholoh Temple 1 pm	24 12:00 pm 	25 NC Extended Care Health Fair 10am-3pm FREE	26 Emergicies only 	27 <i>Take Time to Help Our Neighbors</i> 	Visiting Days & Hours Sunday thu Saturday 9 AM – 11 PM overnight see management
28 9:00 AM BISHOP SPEIGHT HOSTS  Breakfast Time	29 Vial of Life Intakes/updates By appointment ONLY by your Coordinator	30 Vial of Life Intakes/updates By appointment ONLY by your Coordinator	31 2:30 PM 	Game Night Every Thursday Night 7-9 pm for MEN only	 Prayer Service Every Friday 6:30 pm -7:30 pm Hosted By Joseph Blessed		Community Room Hours 10 am-11pm Closed for 1 hour Mon- Fri 1pm-2pm
30 			Our Mission: To help residents of inner cities improve the quality of their lives to reflect individual God-given dignity and personal achievement. 			Exterminator Every Thursday 10-2 Week 1: Floor 4, 5, 6 & 7 07/03/2024 Week 2: Floor 8, 9, 10 & 11 07/11/2024 Week 3: Floor 12,13, 14 & 15 07/18/2024 Week 4: Floor 1, 2, 3 & Exterior 07/25/2024 	