Anger Management Group

- Identifying Anger
- Managing Anger for Better Relationships
- Proven Techniques
- Stress Management
- Communication Skills
- Conflict Resolution

ANGER CAN DESTROY:

YOU
YOUR FAMILY
YOUR FRIENDS
YOUR JOB

MAIN OFFICE
274 SOUTH ORANGE AVENUE
NEWARK, NJ 07103
973-412-2056
973-484-3452 FAX

WEST HUDSON OFFICE
379 KEARNY AVENUE
KEARNY, NJ 07032
201-246-8077
201-955-6165 FAX

EMAIL: FSBACCESS@NECOMMUNITY.ORG

6 WEEK PROGRAM
COST: INTAKE FEE+$180 FOR GROUP

REFERRAL SOURCE:
- COURT
- DCPP
- POLICE
- OTHER AGENCIES
- SELF